2013 Alta Track and Field Best Marks

# = rank on all-time Alta performer list

**GIRLS**

100 (12.82)

13.48 Paris Smith, 4/12

13.79 Aliza Freebairn, 4/20

14.18 Madison Lewis, 4/12

14.43 Kylie Passey, 3/23

200 (26.26)

28.04 Bryce Whittle, 4/20

28.49 Paris Smith, 4/11

29.16 Aliza Freebairn, 4/11

29.19 Madison Lewis, 4/11

31.32 Erica Johnson, 3/23

Wind-aided:

27.86 Paris Smith, 4/6

28.34 Aliza Freebairn, 4/6

29.58 Kimi Anderson, 4/6

400 (60.02)

62.0 Sierra Knapp, 3/21

62.23 Sydney Davis, 4/6

65.70 Madison Lewis, 4/11

67.9 Kimi Anderson, 3/21

69.07 Bryce Whittle, 4/11

71.34 Erica Johnson, 3/23

400m splits:

Knapp 61.0

Paskins 61.0

 S.Davis 62.5

Smith 62.5

 Nelson 63.4

800 (2:21.59)

2:22.14 Whitney Paskins, 3/24

2:23.82 Sierra Knapp, 3/24

2:35.18 Peyton Chynoweth, 4/12

2:36.16 Becca Clark, 4/20

2:56.1 Julia Soderberg, 3/21

1600 (5:18.45)

5:23.21 Whitney Paskins, 4/20

5:44.0 Peyton Chynowyth, 4/6

5:45.0 Katie Smith, 4/6

5:54.05 Becca Clark, 4/6

5:57.47 Jenna Erickson, 4/11

6:02.13 Savanna Reich, 3/23

3200 (11:37.16)

12:41.83 Katie Smith, 4/20

13:21.85 Savanna Reich, 4/20

13:23.02 Jenna Erickson, 3/24

13:53.53 Allison Tollman, 4/6

100 hurdles (16.14)

17.17 Nicole Nelson, 4/20 #15

17.78 Katrina Davis, 4/11

18.44 Camille Crandall, 4/20

20.64 Emily Westerlind, 3/23

300 hurdles (46.93)

46.75 Nicole Nelson, 4/20 #10

50.75 Katrina Davis, 4/11

52.57 Paris Smith, 4/6

52.69 Emily Westerlind, 4/20

54.86 Camille Crandall, 4/20

4 x 100 (50.68)

51.72 S.Davis-Smith-Passey-Knapp, 4/6

51.79 S.Davis-Smith-Nelson-Knapp, 4/20

4 x 400 (4:07.76)

4:09.81 S.Davis-Smith-Paskins-Knapp, 4/20

4:11.13 S.Davis-Nelson-Paskins-Knapp, 3/24

1600 medley (4:26.06)

4:21.96 S.Davis-Smith-Knapp-Paskins, 4/20 #15

4:47.53 Freebairn-Smith-K.Davis-Clark, 3/24

Long jump (16-1)

16-02 ¼ Nicole Nelson, 4/20

13-10 ½ Ashley Stronach, 4/12

High jump (5-1)

4-07 Imani Sweeney, 4/10

4-03 Ashley Stronach, 4/23

Pole vault

9-6 Camille Crandall, 4/11 #1

Shot put (34-5)

26-6 Jade Oliver, 4/11

26-5 Cassidy Martinsen, 4/11

Discus (104-9)

69-07 Cassidy Martinsen, 3/24

49-11 Jade Oliver, 4/12

Javelin (105-9)

98-03 Sydney Davis, 3/23

90-5 Julia Soderberg, 4/6

78-03 Katrina Davis, 3/23

71-09 Cassidy Martinsen, 3/23

**BOYS**

100 (11.23)

11.03 Sam Roberts, 4/12 #2

11.05 Brandon Smart, 4/12 #4

11.41 Mack Richards, 4/12 #20

11.85 Quinn Fabrizio, 4/12

12.48 Jake Forsling, 4/6

12.55 Stephen Peck, 4/20

Wind-aided:

10.89 Brandon Smart, 4/20 (2.7)

10.99 Sam Roberts, 4/20 (2.7)

11.78 Jake Forsling, 4/20

200 (22.71)

22.15 Brandon Smart, 4/12 #4

22.70 Sam Roberts, 4/20

23.91 Braydon Lavery, 4/11

23.98 ?????? 4/20

24.26 Quinn Fabrizio, 4/11

24.17 Trevor Howard, 4/6

24.17 Conner Nance, 4/6

24.33 Jake Owen, 4/11

24.81 Aaron Wright, 3/23

Wind-aided:

23.99 Quinn Fabrizio, 4/6

400 (50.62)

50.70 Braydon Lavery, 4/6 #13

50.98 Brandon Smart, 4/6 #17

51.39 Trevor Howard, 4/12 #23

52.04 Conner Nance, 4/6

52.71 Aaron Wright, 4/20

53.14 Alek Sperry, 4/20

54.65 Andrew Davis, 4/20

57.00 Austin Rose, 4/20

Split: Sam Roberts 50.5, Kramer Morton 50.9, Trevor Howard 51.0

800 (1:58.43)

1:57.32 Kramer Morton, 3/24 #7

1:58.36 Braydon Lavery, 4/20 #11

2:01.32 Conner Nance, 4/20 #15

2:03.98 Jacob Crosby, 4/6

2:08.15 Blake Bennion, 4/12

2:10.02 Aaron Wright, 4/12

2:11.85 Pasha Gledhill, 4/6

2:12.46 Davis McDermott, 4/6

2:21.83 Ashton Arndt, 4/6

2:26.06 Ryland Savage, 3/24

2:33.5 Chandler Dickson, 3/21

2:38.8 Robert Lee, 3/21

2:44.1 Mike Fuller, 3/21

Indoors:

1:56.81 Kramer Morton (indoors)

1600 (4:25.87)

4:20.15 Kramer Morton, 4/12 #2

4:44.38 Blake Bennion, 4/12

4:45.35 Conner Andersen, 3/23

4:46.48 Blake Bennion, 4/20

4:52.87 Pasha Gledhill, 4/12

4:58.6 Davis McDermott, 3/21

4:59.1 Jacob Crosby, 3/21

5:12.10 Andrew Lawson, 4/6

3200 (9:39.40)

9:49.44 Kramer Morton, 4/6

10:33.07 Conner Anderson, 4/20

10:33.09 Davis McDermott, 3/24

11:06.91 Jacob Crosby, 4/11

11:26.91 Andrew Lawson, 4/11

11:37.03 Jacob Allred, 4/6

110 hurdles (15.69)

16.81 Brady McDermott, 4/11

17.51 Gustavo Quadros, 4/11

300 hurdles (41.05)

39.15 Sam Roberts, 4/12 #4

42.89 Brady McDermott, 4/20

44.12 Austin Baker, 3/23

45.00 Gustavo Quadros, 4/6

45.19 Spencer Taylor, 4/20

4 x 100 (44.10)

43.04 Richards-Owen-Smart-Roberts, 4/12 #23

43.19 Richards-Fabrizio-Smart-Roberts, 4/6

4 x 400 (3:28.98)

3:25.29 Lavery-Nance-Roberts-Smart, 4/20 #8

3:26.32 Howard-Nance-Lavery-Roberts, 4/6 #19

3:26.87 Nance-Roberts-Morton-Smart, 3/24 #20

1600 medley (3:41.61)

3:52.21 Richards-Dean-Wright-Bennion, 3/24

Long jump (20-9)

19-10 ½ Dean Manning, 4/11

19-5 ¼ Jake Forsling, 4/20

18-0 ½ Christian Bailey, 4/11

17-7 ¼ Austin Baker, 3/24

High jump (6-1)

6-5 Austin Baker, 4/6 #7

6-2 Anthony Murdock, 4/20 #13

5-11 Christian Bailey, 4/6

5-11 Dean Manning, 4/6

Shot put (47-4)

47-0 Chris Crane, 4/20 #16

45-2 Baron Bruce, 4/12 #17

35-4 Paul Guilman, 4/12

34-6 Nathan Richards, 4/20

30-1 Ezra Segura, 3/24

Discus (138-4)

119-9 ½ Chris Crane, 4/6

111-3 ½ Baron Bruce, 4/6

101-2 ½ Nathan Richards, 4/11

 97-10 Ryan Stephenson, 4/20

 86-3 Matthew Davis, 4/11

 80-2 Paul Guilman, 4/20

 76-4 Ezra Segura, 3/24

Javelin (156-8)

172-04 Jake Forsling, 4/12 #3

135-06 Logan Harrison, 4/17

127-06 Coleman Plummer, 4/12

112-08 Daniel White, 3/24

110-09 Ezra Segura, 3/24

STATE QUALIFIERS

100m dash Brandon Smart

 Sam Roberts

200m dash Brandon Smart

 Sam Roberts

800m run Kramer Morton

 Braydon Lavery

1600m run Kramer Morton

300 hurdles Sam Roberts

 Nicole Nelson

4 x 100 Richards-Fabrizio-Smart-Roberts

4 x 400 Nance-Roberts-Morton-Smart

Medley S.Davis-Smith-Knapp-Paskins

Javelin Jake Forsling

High jump Austin Baker

 Anthony Murdock

Long jump Nicole Nelson