**STATE QUALIFIERS**

100 dash Brandon Smart\*

Sam Roberts\*

Mack Richards\*

200 dash Brandon Smart\*

Sam Roberts\*

Sydney Davis

Paris Smith

400 dash Trevor Howard\*

Brandon Smart

Conner Nance

Aaron Wright

Alek Sperry

Sierra Knapp

800 run Kramer Morton\*

Braydon Lavery\*

Whitney Paskins

1600m run Kramer Morton\*

Whitney Paskins\*

3200 run Whitney Paskins

Katie Smith

300 hurdles Sam Roberts\*

Nicole Nelson\*

4 x 100 relay Richards-Fabrizio/Owens-Smart-Roberts\*

S.Davis-Smith-Nelson-Knapp, 5/9\*

4 x 400 relay Nance/Howard-Roberts-Morton-Smart\*

Medley relay S.Davis-Smith-Knapp-Paskins\*

Javelin Jake Forsling\*

Sydney Davis

Julia Soderberg

High jump Austin Baker\*

Anthony Murdock\*

Christian Bailey\*

Dean Manning\*

Long jump Nicole Nelson\*

Jake Forsling

Shot put Baron Bruce\*

Pole vault Camille Crandall\*

\* Qualified by mark (others qualified by region finish)

**REGION CHAMPIONS**

100 dash Brandon Smart

400 dash Trevor Howard

Sierra Knapp

800 run Whitney Paskins

1600 run Kramer Morton

3200 run Kramer Morton

300 hurdles Sam Roberts

4x100 Mack Richards-Jake Owen-Brandon Smart-Sam Roberts

S.Davis-Smith-Nelson-Knapp

4x400 Braydon Lavery-Kramer Morton-Conner Nance-Trevor Howard

S.Davis-DeWaal-Smith-Knapp

Medley Emily Westerlind-Sierra Knapp-Lauren Garland-Breanna DeWaal

High jump Austin Baker

Pole vault Camille Crandall

**2013 Alta Track and Field**

# = ranking on all-time Alta performer list

+ = owns faster time on all-time list

**BOYS**

**100 (11.23)**

10.93 Brandon Smart, 4/27 #2

10.94 Sam Roberts, 4/27 #3

11.23 Mack Richards, 5/8 #15

11.68 Jake Forsling, 4/27

11.85 Quinn Fabrizio, 4/12

12.55 Stephen Peck, 4/20

**Wind-aided:**

10.89 Brandon Smart, 4/20 (2.7)

10.99 Sam Roberts, 4/20 (2.7)

11.61 Jerrick Payne, 4/24

11.95 Nathan Engstrom, 4/24

12.03 Connor Nance, 4/24

12.14 Alex Sperry, 4/24

12.14 Braydon, Lavery, 4/24

**200 (22.71)**

21.76 Brandon Smart, 4/27 #1

22.35 Sam Roberts, 5/9 #8

23.35 Trevor Howard, 5/9

23.91 Braydon Lavery, 4/11

23.98 Andrew Davis, 4/20

23.99 Alex Sperry, 4/24

24.26 Quinn Fabrizio, 4/11

24.17 Conner Nance, 4/6

24.33 Jake Owen, 4/11

24.57 Austin Rose, 4/24

24.81 Aaron Wright, 3/23

**Wind-aided:**

22.35 Sam Roberts, 5/8

23.07 Trevor Howard, 5/8

23.99 Quinn Fabrizio

24.09 Andrew Davis, 5/8

24.89 Jerrick Payne, 5/8

**400 (50.62)**

50.50 Trevor Howard, 4/27 #13

50.57 Brandon Smart, 4/24 #14

50.70 Braydon Lavery, 4/6 #15

51.93 Conner Nance, 5/8, 9

51.93 Aaron Wright, 5/9

51.93 Alek Sperry, 5/9

54.65 Andrew Davis, 4/20

55.59 Stephan Peck, 4/24

56.39 Jerrick Payne, 4/24

57.00 Austin Rose, 4/20

Relay splits:

Howard 50..0

Sam Roberts 50.5

Kramer Morton 50.9

**800 (1:58.43)**

1:56.15 Braydon Lavery, 4/27 #3

1:57.32 Kramer Morton, 3/24 #7

2:01.32 Conner Nance, 4/20 #15

2:03.98 Jacob Crosby, 4/6

2:07.9 Aaron Wright, 4/24

2:08.15 Blake Bennion, 4/12

2:11.85 Pasha Gledhill, 4/6

2:12.46 Davis McDermott, 4/6

2:16.6 Zach Gundry, 4/24

2:21.83 Ashton Arndt, 4/6

Indoors:

1:56.81 Kramer Morton (indoors)

**1600 (4:25.87)**

4:14.72 Kramer Morton, 4/27 #2

4:44.08 Conner Anderson, 4/27

4:44.38 Blake Bennion, 4/12

4:52.72 Pasha Gledhill, 5/9

4:53.36 Davis McDermott, 5/9

4:58.9 Andrew Lawson, 4/24

4:59.1 Jacob Crosby, 3/21

**3200 (9:39.40)**

9:49.44 Kramer Morton, 4/6 +

10:33.07 Conner Anderson, 4/20

10:33.09 Davis McDermott, 3/24

10:44.72 Pasha Gledhill, 5/8

11:03.01 Andrew Lawson, 5/8

11:06.91 Jacob Crosby, 4/11

11:37.03 Jacob Allred, 4/6

**110 hurdles (15.69)**

16.37 Brady McDermott, 4/11

16.94 Gustavo Quadros, 4/27

**300 hurdles (41.05)**

38.58 Sam Roberts, 4/27 #2

41.58 Brady McDermott, 5/8 #18

44.12 Austin Baker, 3/23

45.00 Gustavo Quadros, 4/6

45.19 Spencer Taylor, 4/20

**4 x 100 (44.10)**

42.29 Richards-Owen-Smart-Roberts, 5/4 #2

42.68 Richards-Owen-Smart-Roberts, 5/9 #9

42.72 Richards-Owen-Smart-Roberts, 4/27 #11

43.04 Richards-Owen-Smart-Roberts, 4/12

43.19 Richards-Fabrizio-Smart-Roberts, 4/6

**4 x 400 (3:28.98)**

3:24.67 Howard-Lavery-Roberts-Smart, 4/27 #6

3:25.29 Lavery-Nance-Roberts-Smart, 4/20 #9

3:25.44 Howard-Nance-Roberts-Lavery, 5/4 #10

3:26.32 Howard-Nance-Lavery-Roberts, 4/6

3:26.46 Lavery-Nance-Morton-Howard, 5/9

3:26.87 Nance-Roberts-Morton-Smart, 3/24

**1600 medley (3:41.61)**

3:45.98 Alek Sperry-Andrew Davis-Aaron Wright-Conner Nance, 5/9

3:52.21 Richards-Dean-Wright-Bennion, 3/24

**Long jump (20-9)**

20-3 ¼ Jake Forsling, 5/3

19-10 ½ Dean Manning, 4/11

18-0 ½ Christian Bailey, 4/11

17-7 ¼ Austin Baker, 3/24

**High jump (6-1)**

6-8 Austin Baker, 4/27 #1

6-2 Anthony Murdock, 4/20 #13

6-1 Christian Bailey, 5/4 #19

6-1 Dean Manning, 5/4 #19

5-4 Tyler Smith, 4/24

**Pole Vault**

10-0 Josh Scoville, 5/8

9-6 Jeremy Scoville, 5/8

8-6 Powell Dubois, 4/24

8-6 Greg Greenwood, 4/24

**Shot put (47-4)**

49-7 Baron Bruce, 5-3 #5

47-0 Chris Crane, 4/20 #17

36-8 ½ Nathan Richards, 5/9

35-4 Paul Guilman, 4/12

30-1 Ezra Segura, 3/24

**Discus (138-4)**

121-2 Chris Crane, 4/6

118-10 Nathan Richards, 4/24

111-3 ½ Baron Bruce, 4/6

104-2 Matthew Davis, 5/9

97-10 Ryan Stephenson, 4/20

89-2 Tanner Hayden, 4/24

87-1 Paul Guilman, 4/24

76-4 Ezra Segura, 3/24

**Javelin (156-8)**

173-00 Jake Forsling, 4/12 #3

135-06 Logan Harrison, 4/17

127-06 Coleman Plummer, 4/12

112-08 Daniel White, 3/24

110-09 Ezra Segura, 3/24

**GIRLS**

**100 (12.82)**

13.47 Sydney Davis, 4/24

13.48 Paris Smith, 4/12

13.58 Aliza Freebairn, 5/8

13.81 Bryce Whittle, 5/8

13.89 Zhenya Jolley, 5/8

13.92 Shaylee Morton, 5/8

13.97 Jaydra Payne, 5/8

14.05 Madison Lewis, 4/24

**200 (26.26)**

26.91 Sydney Davis, 5/9 #23

26.99 Paris Smith, 5/9 #25

27.95 Aliza Freebairn, 5/3

28.04 Emily Westerlind, 4/20

29.19 Madison Lewis, 4/11

31.32 Erica Johnson, 3/23

**Wind-aided:**

26.79 Paris Smith, 5/8

27.00 Sydney Davis, 5/8

27.64 Emily Westerlind, 5/8

29.01 Bryce Whittle, 5/8

**400 (60.02)**

59.44 Sierra Knapp, 5/9 #7

60.89 Paris Smith, 5/9 #18

63.33 Lauren Garland, 5/8

63.80 Madison Lewis, 4/24

66.92 Bryce Whittle, 5/8

67.57 Shaylee Morton, 4/24

67.9 Kimi Anderson, 3/21

68.14 Jenny Tripp, 2/24

Relay splits:

Knapp 61.0

Paskins 61.0

S.Davis 62.5

Smith 61.5

Nelson 63.4

**800 (2:21.59)**

2:22.14 Whitney Paskins, 3/24 +

2:23.82 Sierra Knapp, 3/24 +

2:32.05 Peyton Chynoweth, 5/9

2:32.34 Becca Clark, 5/9

2:51.9 Sarah Engstom, 4/24

2:56.1 Julia Soderberg, 3/21

**1600 (5:18.45)**

5:15.74 Whitney Paskins, 5/8 +

5:30.15 Brenna DeWaal, 5/8 #24

5:36.24 Peyton Chynowyth, 5/8

5:39.49 Katie Smith, 5/8

5:44.77 Becca Clark, 5/8

5:57.47 Jenna Erickson, 4/11

6:02.13 Savanna Reich, 3/23

**3200 (11:37.16)**

12:27.0 Whitney Paskins, 5/9

12:33.84 Katie Smith, 5/9

13:12.48 Jenna Erickson, 5/9

13:20.51 Savanna Reich, 5/9

13:53.53 Allison Tollman, 4/6

**100 hurdles (16.14)**

16.68 Nicole Nelson, 5/9 #12

17.50 Katrina Davis, 5/8

18.44 Camille Crandall, 4/20

19.89 Emily Westerlind, 5/8

**300 hurdles (46.93)**

45.73 Nicole Nelson, 5/8 #4

50.25 Katrina Davis, 5/9

51.68 Emily Westerlind, 5/8

52.57 Paris Smith, 4/6

54.86 Camille Crandall, 4/20

**4 x 100 (50.68)**

50.63 S.Davis-Smith-Nelson-Knapp, 5/9

50.75 S.Davis-Smith-Nelson-Knapp, 4/27

51.72 S.Davis-Smith-Passey-Knapp, 4/6

51.79 S.Davis-Smith-Nelson-Knapp, 4/20

**4 x 400 (4:07.76)**

4:09.81 S.Davis-Smith-Paskins-Knapp, 4/20

4:10.37 S.Davis-DeWaal-Garland-Knapp, 5/9

4:11.02 S.Davis-Smith-K.Davis-Knapp, 4/27

4:11.13 S.Davis-Nelson-Paskins-Knapp, 3/24

**1600 medley (4:26.06)**

4:21.96 S.Davis-Smith-Knapp-Paskins, 4/20 #15

4:28.92 Westerlind-Knapp-Garland-DeWaal, 5/9

4:47.53 Freebairn-Smith-K.Davis-Clark, 3/24

**Long jump (16-1)**

16-4 ½ Nicole Nelson, 5/9 #11

14-3 Ashley Stronach, 5/9

**High jump (5-1)**

4-8 Ashley Stronach, 5/8,9

4-07 Imani Sweeney, 4/10

**Pole vault**

10-6 Camille Crandall, 5/3 #1

**Shot put (34-5)**

29-2 Imani Sweeney, 4/24

26-6 Jade Oliver, 4/11

26-5 Cassidy Martinsen, 4/11

**Discus (104-9)**

74-11 Cassidy Martinsen, 5/9

49-11 Jade Oliver, 4/12

**Javelin (105-9)**

98-03 Sydney Davis, 3/23

92-1 ½ Julia Soderberg, 5/4

80-04 Katrina Davis, 4/24

71-09 Cassidy Martinsen, 3/23