

23rd Annual Pine View Invitational

- Date:** Friday, March 28th 1:00 p.m.
Saturday March 29th 9:00 a.m.
- Who:** All 1A-5A track teams
- Where:** Pine View High School – St. George, Utah
- Awards:** Individual medals for top three places, T-shirt for 1st place individual, and a Team Championship trophy.
- Cost:** \$90.00 per team \$180.00 for both or 5.00 per athlete
- Registration:** Due Thursday March 27nd, 8:00 pm **No exceptions**
- Web Site:** Registration will be online at www.runnercard.com; please submit times for the 800, 1600, 3200 (if a time is not submitted they will not be in the fast heat).

E-mail or call us with any questions:

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*We will allow 4 entries per event and this year we will not be allowing any B teams.

Coaches,

We are hosting the 23rd annual Pine View Invitational. We will be holding it March 28th -29th. If you are planning on attending please post your entries by the 27th. Again this year we are having a spaghetti dinner on Friday night for those teams or individuals interested. The cost will be \$5.00 per person for a plate of spaghetti, green salad, bread sticks, and water or fruit punch. This might be a better alternative to trying to go out in St. George that night. We will have the dinners at the concession stand. If you are interested in this dinner for your whole team, please let us know how many will be attending by March 14th so we can order the bread sticks. Thank you.

Sincerely,

Telly Esplin
PVHS Boys Track Coach

Dave Holt
PVHS Girls Track Coach

Pine View Invitational 2014 Schedule of Events

Friday March 28
1:00 pm

Boys will follow girls in all events **Field events will not start until 4:00 pm**
except in the distance events (800,1600,3200) **Except the Long Jump which will**
where girls' seeded will run **start at 2:00**
first followed by boys' seeded; then remaining
girls' heats and remaining boys' heats

1600 Meter **Finals**
100 Hurdles
110 Hurdles
100 Meter
400 Meter
300 Hurdles
200 Meter
4 x 800 relay

FIELD EVENTS
Girls Javelin (min 70')
Girls Discus (min 60')
Girls Long Jump (min 10')
Boys Shot Put (min 30')
Boys High Jump (5')

Saturday March 29
9:00 am

All Finals

3200 Meters
100 Hurdles
110 Hurdles
100 Meter
400 Meter Relay
400 Meter
300 Hurdles
800 Meters
Medley Relay
200 Meter
1600 Meter Relay

Girls Shot Put (min 20')
Girls High Jump (min 4')
Boys Discus (min 75')
Boys Javelin (min 100')
Boys Long Jump (16')

☞ Be advised we will not be contesting the pole vault at all.