



Wednesday, 3/19 - Region Tri-Meet @ Alta (3:30 start time)

Thur-Sat, 3/27-3/28 - Pine View Invitational in St. George (Pending Approval)

Wednesday 4/2 - Region Tri-Meet @ Jordan (3:30 start time)

Thur- Friday, 4/3-4/4 - ALPHA Invite (Timpanogas High School)

Wednesday 4/09 - Region Tri-Meet @ Bingham (3:30 start time)

Saturday 4/12 - Coaches Invite (Copper Hills High School)

Spring Break 4/14-4/18- No Region Meets

Friday 4/18 - Woods Cross Invitational (Woods Cross High School)

Wednesday 4/23 - Region Tri-Meet @ Copper Hills (3:30 start time)

Saturday 4/26 - Davis Invitational (Davis High School)

Fri/Sat 5/2-5/3 - BYU Invite, BYU University, Provo, UT

Wed/Thur 5/7-5/8 - REGION III Championships @ Copper Hills (3:00 start time)

Tuesday 5/13 - JV Region @ West Jordan (3:00 start time)

Fri/Sat 5/16-5/17 - UHSAA State Championships at BYU (Provo) (TBA)

All athletes will attend Tri-Meets on Wednesdays.

Athletes will need to achieve certain marks, times, or heights to be entered into invitationals.

Head Coach: Scott Ditty scott.ditty@canyonsdistrict.org

Head Coach: Heather Heffner heather.heffner@canyonsdistrict.org

Athletic Director: Morgan Brown

Principal: Fidel Montero